

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
BASIC HEALTH CARE SERVICES			
Community Health Free Clinic 947 14 th Ave SE Cedar Rapids, IA 52401	(319) 363-0416	<u>Clinic Hours:</u> Mon: 8:00 AM-6:00 PM Tues(1 st , 2 nd , & 3 rd): 10:00 AM-6:00 PM Wed: 10:00 AM-1:00 PM Thurs: 8:00 AM-12:00 PM Fri: 8:00 AM to 10:30 AM Sat(1 st): 8:30 AM-10:30 AM* CLOSED on major holidays	Free medical care, dental care and community resources for uninsured and under-insured patients. Specialty clinics include bone density, internal medicine, eye care, orthopedic, otolaryngology, physical therapy, podiatry, lead screenings (ages 6 and under) and women's clinics. Prescription Assistance Clinics for long-term medication needs. Must provide proof of income to be seen in Prescription Assistance Clinic. Short term counseling and therapy. *Only for acute illnesses and job conflicts
His Hands Ministry/Cedar Rapids Free Medical Clinic 1043 3 rd Ave SE Cedar Rapids, IA 52403 www.hishandsclinic.org	(319) 862-2636 Call for appointments starting at noon on days clinic is open.	<u>Medical Clinic:</u> Phones are answered starting at 12pm days of operation 1 st and 3 rd Tuesday: 5-6:30PM Every Thursday: 5-6:30PM <u>Chiropractic Services:</u> Thursday 3-5PM and 2 nd & 3 rd Friday 10:00 AM-Noon	Urgent care for simple medical problems. Limited management of chronic problems and limited help with medications. Christ-centered organization that is open to all. Chiropractic services available. ***Must call for appointment at noon on day service is required.***
Linn Community Care – Main Campus 855 A Ave NE LL 1 Cedar Rapids, IA 52402	(319) 398-6170 Call for an appointment.	Assistance available Monday through Friday from 8:30AM to 4:30PM	Primary care family practice office. Please call for more information.
Linn County Public Health 501 13 th Street NW Cedar Rapids, IA 52405	(319) 892-6000	Call for an appointment. Assistance available Monday through Friday 8:00 AM to 5:00 PM	Free STD/HIV testing and lead screenings. Communicable disease investigations. TB testing. Immunizations w/small fee, no one turned away. Home visits & education for children & teens with asthma. Mold inspections available.
Visiting Nurses Association of Linn County (VNA) 1201 3 rd Ave SE Cedar Rapids, IA 52403	(319) 369-7990	By referral only. Office open Monday through Friday 8AM to 4:30 PM. Nursing services available 24 hours 7 days a week.	In-home nursing services. Wellness screenings. Physical therapy, occupational therapy, speech therapy. Call for more information.
EMERGENCY HEALTH CARE SERVICES / URGENT CARE			
Mercy Medical Center 701 10 th Street SE Cedar Rapids, IA 52403	(319) 398-6041	Assistance available 24 hours per day, seven days a week.	Emergency care.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
St. Luke's Hospital 1026 A Avenue NE Cedar Rapids, IA 52202	(319) 369-7105	Assistance available 24 hours per day, seven days a week.	Emergency care. Medical social worker available from 11:00 AM to 11:00 PM Monday through Sunday.
University of Iowa Hospitals and Clinics 200 Hawkins Drive Iowa City, IA 52242	1-800-777-8442 Can call to talk to nurse.	Assistance available 24 hours per day, seven days a week.	Call for appointment Monday through Friday between 8AM and 5PM. University of Iowa health care access. Outpatient, inpatient and emergency care.
DENTAL HEALTH CARE			
Community Health Free Clinic 947 14th Ave SE Cedar Rapids, IA 52401	(319) 363-0416	<u>Clinic Hours:</u> Mon: 9:00 AM-6:00 PM Tues(1 st , 2 nd , & 3 rd): 10:00 AM-6:00 PM Wed: 10:00 AM-1:00 PM Thurs: 8:00 AM-12:00 PM Fri: 8:00 AM to 10:30 AM Sat(1 st): 8:30 AM-10:30 AM CLOSED on major holidays	Pain management only. Hygienists available.
I-Smile Dental Home Project of Linn County 1328 2nd Ave SE Cedar Rapids, IA 52403	(319) 739-1545 Trisha Willenborg, Project Coordinator	Monday through Friday 8:00 AM to 4:30 PM. Leave a message if after hours.	For children 12 years or younger who qualify, the program provides dental services including oral screenings, risk assessments, fluoride varnish applications, dental education, dental referral and care coordination, and then utilizes the I-Smile Referral Network System to ensure dental appointments have been completed and dental needs are fulfilled. All children through age 0-20 will be considered for services as well as pregnant women up to the age of 21.
St. Luke's Dental Health Center 855 A Avenue NE Lower Level 1 Cedar Rapids, IA 52402	(319) 369-7730	Assistance available Monday through Friday 8:30 AM to noon and 1:00 to 4:00 PM.	Quality low-cost dental services for those in need of financial assistance. Routine dental care with emphasis on prevention and education. Comprehensive dental care for children, infants through high school age and adults with developmental disabilities. Based on income and family size with no private insurance (Title XIX and Hawk-I accepted).

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
University of Iowa College of Dentistry & Dental Clinic 801 Newton Rd Iowa City, IA 52242	Patient info line: (319) 335-7499 Direct academic line: (319) 335-9650	Monday through Friday 8:00 AM to 5:00 PM	Provides dental care including surgery and emergencies. Reduced fees for care because care is given by dental students. Title XIX and Hawk-I accepted.
HEALTH CARE FINANCIAL ASSISTANCE			
Especially For You Race Fund Mercy Medical Center 701 10 th Street SE Cedar Rapids, IA 52403	(319) 398-6956 or (319) 398-6821	Monday through Friday from 7:00 AM to 5:00 PM and Saturday mornings.	Must have a doctor's order for a mammogram. Income guidelines apply. Assistance for screening and diagnostic services is available.
HAWK-I Children's Health Insurance c/o HACAP 1515 Hawkeye Drive Hiawatha, IA 52233	(319) 366-7632 ext 3020 Or 211	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	No cost or low cost medical, dental and prescription insurance for children ages 0-19. Call to apply at one of several convenient locations.
Iowa Breast and Cervical Cancer Early Detection Program – Healthy Linn Care Network 1026 A Ave NE PO Box 3026 Cedar Rapids, IA 52406-3026 Susan G. Komen Breast Cancer Foundation	(319) 369-7791 Call for application.	Monday through Friday. Hours vary.	Financial assistance for screening and diagnostic services for women age 40 and older who are below 250% of poverty level. (Some services available to women under 40. Medicare Part B and Medicaid recipients are NOT eligible.) ***Call BEFORE making appointment*** Financial assistance for breast cancer screening/diagnostic services.
Iowa Cares Linn County Department of Human Services 400 3 rd St. SE, Suite 160 Cedar Rapids, IA 52401	(319) 892-6800	Monday through Friday from 8:00 AM to 4:30 PM.	Limited health care for people age 19 to 64 and pregnant women. Some inpatient services, doctor and advanced registered nurse practitioner services, limited dental services, limited prescription drug benefits and transportation. Services provided at the University of Iowa Hospitals and Clinics. There may be a monthly premium based on income.
Rapids Aids Project 6300 Rockwell Dr. NE Cedar Rapids, IA 52410-0375 www.grantwood-redcross.org	(319) 393-3500 (319) 393-9597	Monday through Friday 8:30 AM - 4:30 PM	Provide two types of services. Provide case management and services to those people living with HIV and AIDS in Linn County and surrounding areas. Also provide HIV/AIDS community education. Please call to set up a presentation or check out our website for community class information.

For further information, contact the Call Center at 739-4211.

3/2/2009

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
HEALTH CARE EDUCATION			
American Red Cross – Grant Wood Area Chapter 6300 Rockwell Drive NE Cedar Rapids, IA 52410-0375	(319) 393-3500	Assistance available Monday through Friday 8:30AM to 4:30 PM.	Provides training in cardiopulmonary resuscitation (CPR) and bloodborne pathogens.
Healthy Linn Care Network – Chronic Disease Self-Management Program 1026 A Avenue NE PO Box 3026 Cedar Rapids, IA 52406-3026	(319) 368-5527	Regular business hours Monday through Friday. Please leave a message if no one is available and we will return your call.	Offers a 6 week course for adults over age 60 on managing and living with all types of chronic disease, including diabetes, heart disease/high blood pressure, lung disease, arthritis, and stroke. Call for more information.
My Nurse – Iowa Health Systems	1-877-242-8899	24-hour-a-day, 7-days-a-week	Call My Nurse to speak to a Registered Nurse if: <ul style="list-style-type: none"> • You have questions about a sick family member after office hours • You’re wondering if you should seek emergency care for an illness or injury • You’re looking for a physician • You’re a discharged patient with questions as you recover at home • You’re looking for good health information
Witwer Senior Center Permanent Address: 305 2 nd Ave SE Tentative Address: Office: 1847 51 st NE Meals: People’s Church – 600 3 rd Ave SE Kitchen: Abbe Hwy 13 Marion	398-3636	Monday through Friday Office - 8:00AM to 3:00PM Meals – 10AM to 1PM Kitchen – Varies, call for more information	**All services put on hold until they move to their permanent location due to flooding.** Provides health screening activities, preventive services, and health education. Must be 60 years of age or older.
WOMENS AND CHILDRENS SERVICES			
Aid to Women Tentative Address: 1043 3 rd Ave SE Cedar Rapids IA 52403 ** Permanent Address unknown at this time 11/17**	Tentative Phone Number (319) 862-2636	Tentative Hours Phones are answered starting at 12pm days of operation 1 st and 3 rd Tuesday: 5-6:30PM Every Thursday: 5-6:30PM	Parenting, academic, fitness, English as a Second Language (ESL), personal relations and prenatal classes. Pregnancy tests provided. Peer counseling. Clothing and food assistance for class participants. Call for more information.
Bethany Christian Services 1660 42nd Street NE Cedar Rapids, IA 52402	(319) 832-2321 1-888-832-2326	Available around the clock. Office hours by appt.	Free options counseling for pregnancy. Financial assistance for basic needs available based on individual need. Call for appt.

For further information, contact the Call Center at 739-4211.

3/2/2009

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
Birthright 375 Collins Road NE, Suite 107 Cedar Rapids, IA 52402	(319) 393-3251	Monday & Tuesday: 10:00AM-8:00PM Wednesday - Friday: 10:00AM-4:00PM 1 st Saturday: 10:00AM-12:00PM 2 nd 3 rd 4 th Saturday: 10AM-1PM	Pregnancy tests available. Confidential friendship counseling. Referral for professional services. Call for more information.
Family & Community Health Alliance Women Infant & Children (WIC) Various locations throughout Cedar Rapids and Marion. Call for exact addresses.	(319) 393-7811 Or 211	Assistance available Monday through Friday from 8:00 AM to 5:00 PM. Hours vary.	WIC, maternal health, immunizations, nutritional counseling, hearing and vision screenings, dental screenings, well-child checks (age 18 and younger). Coupons for pregnant women and children ages birth to 5. Accepts Title 19, uninsured. Sliding fee scale.
Hillcrest Family Services 4080 First Avenue NE, Suite 102A Cedar Rapids, IA 52402	(319) 362-3149 Call for an appointment.	Assistance available Monday through Friday from 8:00 AM to 5:00 PM; Wednesday from 8:00 AM to 8:30 PM.	Unplanned pregnancy counseling. Individual, couple and family counseling. Supervised apartment living for adults with mental illness. Adoption planning. I-smile coordinator in office for Jones, Cedar, and Clinton counties
St. Luke's Family Health Center 4251 Rivercenter Ct NE Cedar Rapids, IA 52402	(319) 369-7397	Assistance available Monday through Friday from 8:30AM to 4:30 PM. 1 st and 3 rd Wednesday 8:30AM – 8:00PM by appointment. Phones are not answered from 11:30 AM to 12:30 PM, but office is open for contraceptive pickup.	Women's health services. Family planning, physical / breast exams (cancer screenings), OB/ prenatal care, STD testing and treatments, HPV vaccines, Free long-term reversible birth control for those who qualify (IUD and Implanon), various contraception available. Sliding fee scale. Please call for more information.
Metro Care Connection Office: 720 7 th Avenue SW Cedar Rapids, IA 52404 Clinics: Wilson School, Jefferson School, Metro High School ** Clinic in Grantwood Elementary until Taylor is available** Located at 645 26 th St SE	(319) 558-2481	Assistance available Monday through Friday from 8:00 AM to 4:00 PM during the school year. [Note: Hours at clinics may vary.]	Provides free school-based health care to students (and their siblings) in the Cedar Rapids Community School District. Focus is on those without access to other care. Free physical exams, immunizations, treatment of minor illness, prescriptions for medications by pediatric nurse practitioners. Mental health counseling. Substance abuse counseling.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
Planned Parenthood of East Central Iowa 3425 First Ave. SE Cedar Rapids, IA 52402 www.ppfa.org/ppeci	(319) 363-8572 Call for an appointment.	Mon, Wed -Fri: 9:00 AM to 5:00 PM Tuesday: 9:00 AM to 7:00 PM 1 st & 3 rd Saturday: 10:00 AM to 1:00 PM.	Birth control. Emergency contraception. Education, counseling. Title 19 and some private insurance accepted. STD/HIV testing. Women's physical exams (pap, pelvic, breast, colposcopy).
COUNSELING / DEVELOPMENTAL ASSESSMENT / DISABILITY SERVICES			
Iowa COMPASS/IPAT 100 Hawkins Drive #295 Iowa City, IA 52242 www.iowacompass.org	1-800-779-2001 TTY 1-877-686-0032 email: iowa-compass@uiowa.edu	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	Program/service/funding information and referrals for persons with disabilities. Assistive technology for persons with disabilities. Used equipment referral service. General programs & service information relevant to people with disabilities.
Grant Wood Area Education Agency (GWAEA) 4401 6 th Street SW Cedar Rapids, IA 52404	(319) 399-6700	Assistance available Monday through Friday from 7:30 AM to 4:30 PM.	Early Childhood Screening child check. Behavioral/emotional/ developmental (speech, motor, hearing, vision screen). Children under age 16. Early Access program for children 0-3. Cognitive evaluation for children age 3-6.
Iowa Department for the Blind 411 3 rd Street SE, Suite 745 Cedar Rapids, IA 52401	(319) 365-9111 (888) 346-9557	Assistance available Monday through Friday, hours vary. Leave a message and your call will be returned. For Des Moines office, call (800) 362-2587 Monday-Friday, 8am-5pm	Case management services. Independent living and vocational services for blind/individuals with visual impairments. Equipment for individuals with visual impairments. Library service.
Mercy Family Counseling 5264 Council Street NE Cedar Rapids, IA 52402	(319) 398-6575	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Psychological/medical/family counseling/mental health services. Developmental/behavioral evaluation. Services for children/adults with Attention Deficit Hyperactivity Disorder (ADHD). Scholarships available for low-income individuals/families. Call for more information.
St. Luke's Behavioral Development Center Child Protection Services 1026 A Avenue NE Cedar Rapids, IA 52402	(319) 369-7908	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Child Protection Center Accepts referrals from DHS and law enforcement for child abuse victims. Title 19 accepted. Financial assistance available.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
MEDICAL EQUIPMENT			
ACCESS-Goodwill Industries 1441 Blairs Ferry Road NE Cedar Rapids, IA 52402	(319) 393-3434	Monday through Friday 8 AM to 4:30 PM	Help persons with disabilities better understand and utilize assistive technology. Evaluation and assessment, equipment acquisition, installation and training, and follow-up services. Help with employment placement.
American Cancer Society <u>Tentative Address as of 11-17-08</u> 4080 1 st Ave NE Suite 101 Cedar Rapids, IA 52402 <u>Permanent Address</u> 603 10 th Street SE Cedar Rapids, IA 52403	(319) 365-5241 or 1-888-266-2071	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Free wigs, turbans, and breast prosthesis and mastectomy bras for cancer patients. Medical equipment referrals.
Easter Seals Iowa 401 NE 66th Ave Des Moines, IA 50333	(515) 289-1933	Assistance available Monday thru Friday from 8:00 AM to 5:00 PM.	Medical equipment service. Application required.
Lending Medical Equipment Closet Grace Episcopal Church 525 A Avenue NE Cedar Rapids, IA 52402	(319) 362-1929	Please leave a message. Someone will return your call.	Medical equipment available. Crutches, wheelchairs, walkers with wheels, commode chairs, risers, hospital beds and canes. No referral needed.
Iowa COMPASS/IPAT 100 Hawkins Drive #295 Iowa City, IA 52242 www.iowacompass.org	1-800-779-2001 TTY 1-877-686-0032 email: iowa-compass@uiowa.edu	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	Deals with assistive technology devices (such as ambulation aids, augmentative communication, clothing, mobility aids, vehicle accessories, manual and power wheelchairs and many others) to aid you to find what you need. A used equipment referral service (UERS) connects buyers, sellers, and traders of used assistive equipment. Assists with finding funding for assistive technology and fund home modifications. Provides referrals to legal advocacy concerning assistive technology funding.
Lion's Club	www.iowalions.org	Please leave a message. Someone will return your call.	Hearing Aides: Pat Gourley (319) 364-7920 Eyeglasses: Paul Eikanger (319) 396-5452
Low Vision Services-Witwer Senior Center <u>Tentative Address until Feb 1</u> 1847 51 st NE <u>Permanent Address</u> 305 Second Avenue SE Cedar Rapids, IA 52401	(319) 398-3636	Monday through Friday 8:00 AM to 4:00 PM	**All services put on hold until they move to their permanent location due to flooding.** Provides equipment and directions for visually impaired, to be used as low vision aids.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
Mercy Home Medical Equipment 701 10 th Street SE Cedar Rapids, IA 52403	(319) 363-1308	Assistance available Monday through Friday from 8:00 AM to 5:30 PM, and Saturday from 8:00AM to noon.	Durable medical equipment such as oxygen, beds, wheelchairs, walking aids, nebulizers and CPAP. Also carries smaller items available for retail.
Muscular Dystrophy Association-Eastern Iowa 383 Collins Road NE #110 Cedar Rapids, IA 52402	(319) 393-8905	Monday through Friday 9:00 AM to 5:00 PM	Helps persons with Muscular Dystrophy by assisting with initial and follow-up clinic visits at the University of Iowa Hospital, with leg braces, communication devices, wheelchair payments and repairs. Provides the public with information about Muscular Dystrophy by offering support groups, and other volunteer services.
St. Luke's Home Care Services 298 Blairs Ferry Rd. NE Cedar Rapids, IA 52402	(319) 369-8686	Assistance available Monday through Friday from 8:00 AM to 5:00 PM. On call 24 hours for emergency needs.	Durable medical equipment such as oxygen, beds, wheelchairs, walking aids, nebulizers and CPAP/BiPAP. Also carries smaller items available for retail.
Alzheimer's Assoc. – Medic Alert + Alzheimer's Safe Return 1570 42 nd Street NE Cedar Rapids, IA 52402	(319) 294-9699 Call 24-7 1-800-272-3900	Monday through Friday 8:00 AM to 4:30 PM	Offer an ID necklace or bracelet that will help the caregiver know where their loved who is dealing with dementia diagnosis is located. Information and Referrals are available to other organizations within the community. Care consultants for the caregiver are available. Support groups for the caregivers as well as the people who have early stages of Alzheimer's. They provide educational meetings for health care providers as well as caregivers about all aspects of Alzheimer's. Please call for more information.
PRESCRIPTION ASSISTANCE			
Linn County Rx / NACo Prescription Discount Card Program c/o Linn County Community Services Tentative Address Westdale Mall Upper Level Center Court Permanent Address 305 Second Avenue SE Cedar Rapids, IA 52401	1-877-321-2652 https://naco.advancerx.com for a card, call (319) 892-5671	Assistance available Monday through Friday from 8:00 AM to 4:00 PM.	Free prescription discount drug card may be used anytime prescriptions are not covered by insurance for a savings of up to 20% at participating pharmacies. There are no enrollment forms, membership fees or limits on frequency of use. Any Linn County resident without prescription drug insurance can use the program. Even persons with insurance for prescription drugs may benefit by using the card for prescription drugs not covered by their existing plan. Petmeds is accepted.
Iowa Prescription Drug Corporation www.iowapdc.org	(515) 327-5405 1-866-282-5817	8:00am to 4:00pm, Monday through Friday.	The corporation's goal is to help ease the financial burden of the high cost of prescription medications for the Medicare eligible Iowan. The corporation made available Iowa Priority, a discount card for Iowa's Medicare population. A second card called Priority Plus is made available through a contract with Medicare. Both cards help reduce the cost of prescription medications.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.

HEALTH RESOURCES

Name & Location	Phone Number	Days/Hours	Services Provided
GlaxoSmithKline www.gskforyou.com	1-866-475-3678	Online 24 hours a day, seven days a week. Available by phone Monday-Friday hours vary.	Offer free or nearly free GlaxoSmithKline drugs to individuals based on income. Offer prescription assistance programs. Offer savings on certain prescription medications, as well as information about medications
Merck www.merck.com/merckhelps/	1-800-727-5400	Online 24 hours a day, seven days a week. Available by phone Monday-Friday 7 AM -7 PM.	Prescription assistance for individuals with limited or no insurance, based on qualifications. Discounted Merck prescriptions, regardless of age or income. Medicare prescription assistance program. Vaccine assistance program to adults age 19 and older, without health insurance.
Partnership for Prescription Assistance www.pparxia.org	1-888-477-2669	Online 24 hours a day, seven days a week. Available by phone Monday-Friday 8am-10pm.	The Partnership for Prescription Assistance is an industry program that offers a single point of access to more than 475 patient assistance programs, including over 180 programs offered by pharmaceutical companies, such as Pfizer Helpful Answers.
Pfizer www.pfizerhelpfulanswers.com	1-866-776-3700	Online 24 hours a day, seven days a week. Available by phone Monday-Friday 7 AM – 7 PM.	Many different programs are available, depending on age, income and whether or not individual has insurance coverage for prescriptions. Call for specific program information.
Together Rx www.togetherrxaccess.com	1-800-444-4106	Online 24 hours a day, seven days a week. Available by phone Monday-Friday 7 AM – 7 PM.	Open to legal US residents. Savings may vary depending on the pharmacy's customary pricing for each specific product and the savings program offered by the participating company that makes it. Participating companies independently set the level of savings offered and the products included in the program.

For further information, contact the Call Center at 739-4211.

Please submit any additions or corrections to Healthy Linn Care Network at (319) 369-8600.