

FAMILY & YOUTH RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
FAMILY			
Arc of East Central Iowa 680 2 nd Street SE, Suite 200 Cedar Rapids, IA 52401	365-0487	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Provides an array of services including respite, summer daycare, family support & supported community living.
Area Substance Abuse Council 3601 16 th Avenue SW Cedar Rapids, IA 52404	390-4611	Assistance available Monday through Thursday from 8:00 AM to 9:00 PM; Friday from 8:00 AM to 5:00 PM.	Community assistance to combat alcohol, tobacco, and other drug use, curriculum facilitation, series of sessions on substance abuse related topics. Substance abuse evaluations. Outpatient and residential substance abuse treatment.
Cedar Rapids Public Library Downtown Branch 500 First St. SE Cedar Rapids, IA. 5240	Downtown Branch 398-5123	Assistance available Monday through Sunday. Monday through Thursday from 9:00 AM to 9:00 PM, Friday 9:00 AM to 6:00 PM, Saturday from 9:00 AM – 5:00 PM, and Sunday from 1:00 PM to 5:00 PM.	The Cedar Rapids Public Library is more than a place to find a good book, as it provides nearly 80 programs each month. For children, story times and toddler times are given; families will enjoy the special programs and book discussions. Computer classes are offered in the technology learning center. And the café on the second level is open Monday – Saturday for lunch, coffee, specialized beverages and desserts. Cedar Rapids Public Library is also home to the Iowa Substance Abuse Information Center (ISAIC) and other reference services. Computerized databases help library users access information quickly. Internet access is provided along with word processing stations and more. We are also accessible to the physically challenged. http://www.crlibrary.org/
Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	West Side Branch 390-7806	Assistance available Monday through Sunday. Monday through Friday from 10:00 AM to 9:00 PM, Saturday from 10:00 AM to 5:00 PM and Sunday from 1:00 PM to 5:00 PM.	
City of Cedar Rapids Parks Department 3601 42nd Street NE Cedar Rapids, Iowa 52402	286-5760	Assistance available Monday through Friday from 8:00 AM to 5:00 PM. Individual facility/park functions and hours/times vary.	The Parks Department city parks, sports fields and courts, trails, a skate park, ice rinks, sledding and skiing hot spots, an off-leash dog area, Old McDonald's Farm, water playgrounds, disc golf courses, riverfront maintenance and lease program for Ellis Harbor and a donation program. http://www.cedar-rapids.org/
City of Cedar Rapids Recreation Department 2000 Mount Vernon Road SE Cedar Rapids, IA 52403	286-5731	Assistance available Monday through Friday from 8:00 AM to 5:00 PM. Individual facility functions and times vary.	The Recreation Department operates two recreation centers, Time Check and Ambroz, the Veteran's Memorial Tennis Center, Riverside Roundhouse, an indoor pool, five outdoor pools, and two farmers' markets. Many of these facilities are available to rent for parties, meetings, receptions, picnics, reunions, and other special events. http://www.cedar-rapids.org/

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
To obtain a copy of the Resource Charts, go to www.linncounty.org and search "Resource Charts" or contact Linn County Community Services at 892-5600.
For questions about the Resource Charts, contact Linn County Community Services at 892-5600.

03/16/09

FAMILY & YOUTH RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
<p>Family Resource Centers</p> <ul style="list-style-type: none"> ▪ Family Resource Center at Jane Boyd 943 14th Avenue SE Cedar Rapids, IA 52401 ▪ Family Resource Center at Taylor Elementary School 720 7th Avenue SW Cedar Rapids, IA 52404 Temporary Location: Inn Circle 5560 6th Street SW Cedar Rapids, IA 52404 ▪ Urban Family Resource Center 1382 Second Avenue SE Cedar Rapids, IA 52403 ▪ Marion Family Resource Center 3405 7th Avenue, Suite 100 Marion, IA 52302 ▪ Northwest Neighborhood Network 520 11th Street NW Cedar Rapids, IA 52405 	<p>Jane Boyd: 366-0431</p> <p>Taylor: 366-0776</p> <p>Urban: 366-7632</p> <p>Marion: 447-5816</p> <p>Northwest: 892-5700</p>	<p>Assistance provided Monday through Friday from:</p> <p style="text-align: center;">Jane Boyd: 8:00 AM to 5:00 PM</p> <p style="text-align: center;">Taylor: Varies by program and activities. WIC has moved to Inn Circle, 5560 6th Street SW</p> <p style="text-align: center;">Urban: 8:00 AM to 4:30 PM</p> <p style="text-align: center;">Marion: 8:00 AM to 4:30 PM</p> <p>For more information, contact Chris Carman at 892-5700.</p>	<p>Services provided vary by site as noted below:</p> <p><u>Jane Boyd:</u> Preschool, Child/Youth Sports Programs, After-School Drop-in Programs, Adult & Family Activities, Parent & Family Support, Employment Information, Budgeting & Health Information, Individual Counseling & Referral Services, Support Groups, Free Medical Clinic, Food Bank, LEAF Emergency Funds, Furniture & Appliance Connection. www.janeboyd.org</p> <p><u>Taylor:</u> Metro Care Connection Health Clinic for children, HACAP's Family Health Alliance/WIC Clinic, Monthly Free Clothing Giveaway, TANA (Taylor Area Neighborhood Association) monthly meetings, Family Support, Young Parents Network weekly group meetings.</p> <p><u>Urban:</u> Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Prenatal Education, Oral Health Screenings and Education, Well Child Screening Clinic including hearing, vision, and developmental screens. www.hacap.org</p> <p><u>Marion:</u> Head Start, Family & Community Health Alliance, Food Boxes, Heating & Energy Assistance, Nutrition Information, Parenting Groups, Holiday Food Box Sign-up, WIC Clinic, Oral Health Screenings and Education. www.hacap.org</p> <p><u>NW Neighborhood Network:</u> Day Care, Head Start, Parenting Classes, Pre-school Grant, Recreation, Family Support Groups, Development Screening for 3-Year Olds, Neighborhood Partners, & Individual Family Support.</p>
<p>Foundation 2 Family Resources 1714 Johnson Avenue NW Cedar Rapids, IA 52405</p>	<p>362-1170</p>	<p>Assistance available Monday through Friday from 8:00 AM to 5:00 PM.</p>	<p>Counseling and skill-building services to youth and families referred by the Department of Human Services or Juvenile Court Services. Also offers anger management classes for adults and youth.</p>
<p>Foundation 2 Mobile Crisis Outreach 1540 2nd Avenue SE Cedar Rapids, IA 52403</p>	<p>247-0030</p>	<p>Assistance available 24 hours a day, 7 days per week.</p>	<p>On-site crisis response team that can be dispatched to businesses, schools, homes or hospitals. Provide assessment, crisis de-escalation, counseling as needed, referrals and follow-up with client.</p>

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
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Foundation 2 Street Outreach Services (SOS) 1630 1 st Avenue NE Cedar Rapids, IA 52402	297-7519	Assistance available Sunday through Friday; hours vary.	Serves youth, up to age 21, who are homeless, have run away, or are at-risk. Helps with basic needs like food, clothing, & blankets. Helps youth leave the streets by finding them safe shelter and/or returning them to their homes. Provides youth and their families direct counseling services, information and referrals.
Foundation 2 Supervised Apartment Living Program 1630 1 st Avenue NE Cedar Rapids, IA 52402	368-3376	Assistance available Monday through Friday from 10:00 AM to 6:00 PM.	Housing, skill training and support services to young adults, ages 16-19, who can no longer live at home. Accepts youth referred by the Department of Human Services or Juvenile Court Services.
Foundation 2 Transitional Living Program 1630 1 st Avenue NE Cedar Rapids, IA 52402	368-3376	Assistance available Monday through Friday from 10:00 AM to 6:00 PM and on-call coverage 24 hours a day.	Housing, skills training and support services to young adults, ages 16-21, who can no longer live at home. Accepts only non-system youth (those not involved with the Department of Human Services).
Foundation 2 Youth Shelter 3015 12 th Avenue SW Cedar Rapids, IA 52404	366-8797	Assistance available 24 hours a day.	Fifteen-bed facility staffed and licensed to provide temporary shelter to youth ages 11-17. Provide counseling, educational services, and a safe and nurturing environment. Accepts both non-system youth (those not involved with the Department of Human Services) and those referred by the Department of Human Services or Juvenile Court Services.
Four Oaks Bridge Dummermuth Intergenerational Center 2100 First Avenue NE Cedar Rapids, IA 52402	247-4834	Assistance available: Hours vary. 362-2174 Crisis Center	Services to bring together people of all ages, races, and economic backgrounds in an environment of learning, whereby youth, seniors, and working adults can connect and contribute through the arts, technology, and other learning opportunities.
Four Oaks Cornerstone & Family Centered Services 1924 D Street SW Cedar Rapids, IA 52404	363-0636	Assistance available: Hours vary.	Family Development Self-Sufficiency program designed to partner with high-risk welfare recipients in working towards economic self-sufficiency and family stability.
Gay & Lesbian Resource Center 6300 Rockwell Drive NE, Ste. 126 Cedar Rapids, IA 52402	366-2055	Assistance available on Monday, Tuesday and Thursday.	The group is a part of the Rapids AIDS Project. Come join and support this group which is for orientation of gay and trans genders in our community. Topics are selected by the participants for each session of this support group. Share your knowledge and experience with others. Call for more information.
Healthy Linn Care Network 1026 A Ave. NE Cedar Rapids, IA 52402	369-8600	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Perform community needs assessments, provide community improvement planning, help health and human service agencies collaborate on services.

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Hiawatha Public Library 150 William Street Hiawatha, IA. 52233	393-1414	Assistance available Monday through Sunday. Monday through Thursday from 10:00 AM to 8:00 PM, Friday 10:00 AM to 5:00 PM, and Saturday through Sunday from 1:00 PM – 4:00 PM.	Hiawatha Library collections include over 30,000 books, large print, books on cassette and CD, magazines, music, videos, DVD's, select newspapers, State and Federal Tax forms, Online databases. Programs and services include reference services, story times for children, children's reading programs, and low vision services. Facilities include study room, large meeting room, public accessible computers, internet access, and Iowa Communications Network (ICN). Hiawatha Public Library is part of the Metro Library Network with Cedar Rapids and Marion Public Libraries. http://www.hiawathalibrary.com/
Kirkwood Skills to Employment 1030 5 th Avenue SE, 3 rd Floor Cedar Rapids, IA 52403	398-5105	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	Assistance with developing and achieving employment skills and educational goals for those who meet eligibility requirements.
Linn County Extension/4-H 3279 7 th Avenue SE, 3 rd Floor Marion, IA 52302	377-9839	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Educational programs, family information, youth development information, information about dads, K-12 grade hands-on learning materials, financial information, nutrition information. Education for after-school providers, and 4-H programming.
Marion Parks & Recreation 4500 10 th St. Marion, IA. 52302	377-4846	Assistance is available Monday through Friday from 8:00 AM to 5:00 PM. Individual facility/park functions and hours/times vary.	Marion's Park and Recreation Department is responsible for 16 city parks, Oak Shade Cemetery, the Lowe Park Arts and Environment Center, Willowood Pool and the Boyson Hiking-Biking Trail. The department also provides an array of recreational and cultural opportunities throughout the year for all age groups. Each year, typically in early spring, a brochure of programs and activities is published and distributed throughout the community. In addition, the Parks & Recreation Department administers the local Adopt-A-Tree program. http://www.cityofmarion.org/
Marion Public Library 1095 Sixth Avenue Marion, IA. 52302	377-3412	Assistance available Monday through Sunday. Monday through Thursday from 9:30 AM to 9:00 PM, Friday and Saturday from 9:30 AM to 5 :00 PM, and Sunday from 2::00 PM to 5:00 PM.	Marion Public Library is part of the Metro Library System. The Marion Library has a vast collection of fiction and non-fiction books, videos, DVDs, audio recordings, books on tape and much more. Story time and online internet resources are valuable services. The library is supported by Friends of the Marion Public Library and the Foundation. The Marion Library is always open to those within the community who would like to volunteer their time and talents. http://cityofmarion.org/library

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Olivet Neighborhood Mission 230 10 th Street NW Cedar Rapids, IA 52405	364-7946	Assistance available Monday through Friday from 8:30 AM to 11:30 AM.	<p><u>Clothing Closet</u>: Clothes (newborn through adult) and household items free or nominally priced. Monday through Friday from 8:30AM - 11:30AM.</p> <p><u>Emergency Food Pantry</u>: Food box available maximum of once every 31 days. Monday through Friday from 8:30AM – 11:30AM.</p> <p><u>After School Drop-In Program</u>: Youth, 5-11 years, Monday through Friday 3:30PM – 6:00PM.</p> <p><u>Totally Youth</u>: Drop-in program for middle school and high school kids at Olivet Church on Wednesdays from 6:00PM- 8:00PM.</p> <p><u>Thursday Morning Out</u>: Social/education group for adults, mostly women attend. 9:00AM – 11:00AM. Call if interested in attending, Shana Wagner 364-7946 x 6.</p>
Parent Education Consortium (PEC) 1120 33 rd Ave SW Cedar Rapids, IA. 52404	399-6809	Assistance is available during office hours; Monday through Friday 7:30 AM to 4:30 PM. Classes are available Sunday through Thursday. Class times vary.	Provider of parent education services and resources for parents of young children that include classes, resource materials, community presentations and professional in-services. Classes offered include Parenting Young Children (0-5 yrs), Single Parenting, Step Parenting, Dads, and Court Mandated parenting classes. www.aea10.org/PEC
Partnership for Safe Families 1700 B Ave. NE, Suite 201 +203 Cedar Rapids, Iowa 52404 (located in Central Park Presbyterian Church)	286-0773	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	The Partnership for Safe Families is a community-wide effort to support families and prevent child abuse, neglect and domestic violence. It brings together families, neighbors and professionals as PARTNERS in solving the problems that families face. It offers “Family Support,” which is a free, voluntary service for parents of young children that is neighborhood/community-based and works with families to identify goals for self-sufficiency. Family team meetings.
Planned Parenthood of East Central Iowa 3425 1 st Avenue SE, #100 Cedar Rapids, IA 52402	363-8572 or 1-800-230-PLAN	Assistance available Monday, Wednesday and Friday from 9:00 AM to 5:00 PM; Tuesday and Thursday from 9:00 AM to 7:00 PM; Saturday from 8:00 AM to 1:00 PM.	Patient services - medical, counseling and referral services, education and training and community education services.
Tanager Place 2309 C Street SW Cedar Rapids, IA 52404	365-9164	Assistance available Monday through Friday from 8:30 AM to 4:30 PM.	Counseling, supervised visits, shelter, independent living program, adoption services, foster care services, residential treatment.

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Young Parents Network, Inc. 205 12 th Street SE Cedar Rapids, IA 52403	364-8909	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Provides early childhood education and family support programming for families with young children 0-5 yrs: 1) Evening and daytime group meetings for prenatal, moms, dads and grandparents; 2) Short-term parenting groups and school or community presentations available; 3) DADS (Dads after Drugs) weekly support/education group; 4) Strength-based home visitation early childhood/family support program; 5) Family development services for welfare recipients to assist in becoming self sufficient; and 6) Assistance in making connections with needed community resources, including preschool and after school programming. www.youngparentsnetwork.org
YOUTH			
Bethel AME Church 512 6 th Street SE Cedar Rapids, IA 52401	363-1251	Call for assistance.	Mentoring services to youth. Provides clothes and a weekly meal. Open to children in the neighborhood. Other items (beds, stoves, washers) may be available. Feeding program on Wednesday from 11:00 AM to 1:00 PM. Clothing program at Central Park Presbyterian Church on Tuesdays and Thursdays from 10:00 AM to 1:00 PM for persons in real need. Ready Write program for assistance with homework for kids on Tuesdays through Thursdays from 6:00 PM to 9:00 PM.
Big Brothers Big Sisters 3150 E Avenue NW, Suite 103 Cedar Rapids, IA 52405	377-8993	Assistance available: Hours vary.	Mentoring services.
Boy Scouts of America 660 32 nd Avenue SW Cedar Rapids, IA 52404	862-0541	Assistance available Monday through Friday from 8:30 AM to 5:00 PM.	Comprehensive Youth Development program. Program scholarships available.
Boys & Girls Club 1501 Ellis Blvd NW Cedar Rapids, IA 52405 Temporarily Closed	363-5766	Assistance available Monday through Friday from 2:45 PM to 6:45 PM during the school year; 11:30 AM to 6:45 PM on "Early out/dismissal or vacation days; Friday close at 6:00 PM; 8:00 AM to 5:45 PM during the summer months when school is not in session.	Offers activities for youth, ages 6-18, in five core areas: Health & Life Skills Development; Sports, Recreation & Fitness; The Arts; Character & Leadership Development; and Education & Career Development. Special tutoring and homework assistance is available during "Power Hour," which is a part of the Education & Career Development component. Membership fees are \$15 throughout the year and scholarships are available.
Campfire for Boys and Girls 6300 Rockwell Drive NE PO Box 10075 Cedar Rapids, IA 52410-0075	294-2411	Assistance available Monday through Friday from 9:00 AM to 4:00 PM.	Offers after-school programs for boys and girls in grades K-12. Focuses on five key areas: Trails to the Environment, Trails to Knowing Me, Trails to Family & Community, Trails to the Future, and Trails to Creativity. Scholarships to cover membership and campership fees are available. An outreach program in the Wellington Heights Neighborhood is also available. Camp Hitaga (5551 Hitaga Road, Walker, IA) available to rent for families or special events. Summer camps for youth.

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Central Corridor Gamers 400 3 rd Avenue SW Cedar Rapids, IA 52404	363-5799	Assistance available Wednesday and Sunday from 6:00 PM to 10:00 PM.	A safe place for gamers of all ages and types to enjoy games and camaraderie without fear of the pressures of negative behaviors.
Child Care Alliance Resource Team 1120 33 rd Avenue SW Cedar Rapids, IA 52404	399-6818	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	The CART project provides a rapid response of intensive, one-on-one behavioral support for children ages 0-5 who are not labeled as having special education needs, but who have been referred by childcare providers or parents for extremely challenging behaviors in their childcare setting. The project involves partnerships among Grant Wood AEA, early care and education providers, families, community mental health providers, ISU Extension, Child Care Resource & Referral, and Cedar Rapids area pediatricians. www.aea10.k12.ia.us
Child Care Resource & Referral P.O. Box 490 1515 Hawkeye Drive Hiawatha, IA 52233	739-1556 OR 1-800-233-0054	Assistance available (office hours) Monday through Friday from 8:00 AM to 5:00 PM.	CCR&R is a community based organization that lends a helping hand to people who care for and about children; parents, child care providers, employers, and community groups. By providing resources, education and advocacy, CCR&R helps meet your community's need for affordable and accessible child care. Because your child care needs are unique, we provide guidance by phone, in person, on the internet and in other ways that are tailored to you rather than a one-size-fits-all solution. http://www.hacap.org/Programs/CCR_R/Overview.aspx
Child Check Developmental Screening 4401 Sixth Street SW Cedar Rapids, IA 52404	399-6802	Assistance available Monday through Friday from 7:30 AM to 4:30 PM. Screenings are offered at various times and locations.	Screening is available for all children two years prior to kindergarten. Screenings are offered in the local community on hearing, vision, motor, communication, and learning skills. If parents have concerns about younger children or have missed the screening dates, they can schedule appointments. www.aea10.k12.ia.us
Children of Promise Mentoring Program Youth First c/o Community Corrections Improvement Association 951 29 th Avenue SW Cedar Rapids, IA 52404	398-3907	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	Children of Promise is a mentoring program for students at Johnson and Polk Schools who have a family member incarcerated. Volunteers are matched with children ages 6 to 12 and are asked to spend at least one hour per week with the child to develop a positive, caring relationship. Training and support is provided to all volunteers. Contact Daniel Pledge-Johnson.
Early ACCESS 1120 33 rd Avenue SW Cedar Rapids, IA 52404	399-6574 or 1-800-332-8488, x 6746	Assistance is available from Monday through Friday from 8:00 AM to 4:30 PM.	Early ACCESS is the system implemented by the state of Iowa to serve children from birth to age three, who have either a developmental delay, or have a condition that has a high probability of later delays if early intervention services are not provided. Eligible children and their families receive service coordination to assist them in accessing the services and supports they need. www.state.ia.us/earlyaccess

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Equipping Youth 118 3 rd Avenue SE Suite 431 Cedar Rapids, IA 52401	861-2747	Assistance available Monday through Friday from 10:00 AM to 5:00 PM.	Programs that allow youth the opportunity to develop skills that enable them to make healthy choices when faced with pressures to conform to risky behaviors prevalent among teens today. Abstinence: Powerful Choices Series for Middle School.
Four Oaks CD+/ASAC 3601 16 th Avenue SW Cedar Rapids, IA 52404	390-3325	Assistance available: Hours vary.	Services for conduct disorder and chemically dependent adolescents, boys and girls, ages 13-17, in a highly structured, confrontational treatment culture.
Four Oaks PHASE 1924 D Street SW Cedar Rapids, IA 52404	363-0636	Assistance available: Hours vary.	Delinquency-specific Day Treatment Programs for adolescents, with treatment centers in Cedar Rapids.
Four Oaks Regional Office 5400 Kirkwood Blvd SW Cedar Rapids, IA 52404	364-0259	Assistance available: Hours and location vary for individual programs.	Residential treatment, day treatment, community-based programs, aftercare programs, special needs foster care and adoption, prevention services, shelter services, juvenile justice services, behavioral health services, school-based programs.
Girl Scouts of the Mississippi Valley 240 Classic Car Court SW, Suite A Cedar Rapids, IA 52404 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	363-8335	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	In addition to traditional Girl Scout troops, provides after school Girl Scout programs at a variety of times and locations throughout the community. Through our Outreach Programs, girls have opportunities to learn about self-potential, how to relate to others, how to contribute to the community and developing values. Minimal annual fees, but financial aid is available for those in need. Support to volunteers who serve as advisors to troops/groups where girls develop individual potential, develop values, learn to relate to others and contribute to society. Times and locations vary at discretion of volunteer leadership. Contact Mary Duncan.
Grant Wood Area Education Agency Sixth Street Facility 4401 Sixth Street. SW Cedar Rapids, IA 52404-4499	399-6700 or 1-800-332-8488 Or TDD 399-6766	Assistance is available online and by phone. Office open Monday through Friday from 7:30 AM to 4:30 PM.	AEA's work as educational partners with local public accredited private schools to help assure that all children reach their potential. Services are provided in the following areas: Special Education, Instructional Media, School Technology, Instructional Services, Professional Development, Leadership, School-Community Planning, and Multicultural, Gender-Fair. www.aea10.k12.ia.us Programs & Services http://www.aea10.k12.ia.us/services/index.html Teacher/Parent Resources http://www.aea10.k12.ia.us/curr/earlychildhood/partnerships.html Educator Resources http://www.aea10.k12.ia.us/curr/earlychildhood/resources/html Online Resources for Students http://www.aea10.k12.ia.us/media/electronic.html Parents/Student Resources http://www.aea10.k12.ia.us/parstu.html

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HD (Henry Davison) Youth Center 1006 3 rd Street SE Cedar Rapids, IA 52401 Temporary Location: Jane Boyd Community House 943 14 th Avenue SE Cedar Rapids, IA 52401	363-5239 or 329-8841 Jane Boyd: 366-0431	Assistance available Monday through Friday from 6:30 AM to 8:00 AM and 2:00 PM to 9:00 PM; Saturday from 11:00 AM to 9:30 PM; Sunday from 2:00 PM to 9:30 PM.	Drop-in center for youth. No fees. Feed breakfast to homeless and needy from 6:30 AM to 8:00 AM.
Helen G. Nassif YMCA 207 7 th Avenue SE Cedar Rapids, IA 52401	366-6421	Assistance available Monday through Friday from 5:00 AM to 11:00 PM; Saturday from 7:00 AM to 6:00 PM; and Sunday from 12:00 (noon) to 5:00 PM. Summer hours are Monday through Friday from 5:00 AM to 10:00 PM.	Scholarships for memberships and programs may be available. Fees based on a sliding fee scale.
Homeless Children's Trust (HACAP) P.O. Box 490 Hiawatha, IA 52233	393-7811 x 1037	Assistance available Monday through Friday from 8:30 to 4:30 PM by referral only.	Provides a variety of services for homeless children and youth including emergency childcare, emergency healthcare, essential equipment for infants and toddlers, protective clothing, and educational supplies/equipment, when other means of payment are not available. Services are provided by referral only through local emergency shelters, transitional housing facilities and other human service agencies that can verify the homeless situation and needs of these children/youth.
Horizons, a Family Service Alliance 819 5 th St. SE P.O. Box 667 Cedar Rapids, IA 52406	398-3943	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Counseling, independent living services, after school programs, supervised visits.
Iowa Aftercare Services Network/ Foundation 2 1630 1st Avenue NE Cedar Rapids, IA 52402	368-3376	Assistance available Monday through Friday from 10:00 AM to 6:00 PM.	Housing, skills training and support services to young adults, ages 18-21, who have "aged out" of the foster care system.
Jane Boyd Community House 943 14th Avenue SE Cedar Rapids, IA 52403	366-0431	Assistance available Monday through Friday from 8:00 AM to 5:00 PM.	Provides a variety of youth programs.

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Linn County Juvenile Detention Center 800 Walford Rd. SW Cedar Rapids, IA 52404	892-5736	Assistance available 24 hours a day, 7 days per week.	Provide secure temporary residential care for youth, ages 12 to 18 years who are or are alleged to be delinquent, and who pose a threat to themselves or to the community.
Linn County Youth In-Home Services 520 11 th St. NW Cedar Rapids, IA 52405	892-5728	Assistance available: Hours vary.	Provide a non-residential alternative to out-of-home care, by providing supervision, skill development and support to the family, allowing the youth to remain in the family home.
Linn County Peer Group 520 11 th St. NW Cedar Rapids, IA 52405	892-5731	Assistance available: Hours vary.	Provide services to youth with low self-esteem and inadequate social interaction skills through the use of social/recreational activities and a supportive peer group identification.
Linn County Youth Shelter 220 10 th St. NW Cedar Rapids, IA 52405	892-5790	Assistance available 24 hours a day, 7 days per week.	Provide non-secure temporary residential care for up to 13 youth, ages 12 to 18 years, who are runaways, are experiencing a family crisis, or are charged with a delinquent act that necessitates temporary removal from their home.
Marion YMCA 3100 10 th Avenue Marion, IA 52302	377-7361	Assistance available Monday through Friday from 5:30 AM to 9:00 PM. Saturdays from 7:00 AM to 6:00 PM and Sundays from 12:00 Noon to 5:00 PM.	Scholarship program for memberships and programs. Fees based on a sliding fee scale.
Mercy Medical Center 701 10 th St. SE Cedar Rapids, IA. 52403 www.safekids.org www.mercycare.org	Assistance and more information are available online and by phone.	Assistance available (Mercy Fitness Center Hours) Monday through Friday from 5:30 AM to 9:00 PM; Saturday from 7 AM to 4:00 PM; and Sunday from 10 AM to 2:00 PM Assistance available (Bearly Sick) Monday through Friday from 6:30 AM to 6:00 PM. Assistance available Monday through Friday from 7:00 AM to 4:30 PM.	<u>Children's Shapedown</u> : program follows the leading national weight-management program for children ages 8-12, and their families. The comprehensive program addresses the many factors related to childhood obesity, such as poor eating habits and lack of exercise, and encourages the whole family to work together to make healthy lifestyle changes. Meets at Mercy Health Plaza, 5264 Council St. NE. Call 221-8877 for more information. <u>Bearly Sick</u> : Most childcare facilities won't accept sick children and many employers do not have sick leave policies for parents whose youngsters are ill. Bearly Sick is a way for you to meet your responsibility to your child and your job. Bearly Sick daycare program is for children ages 6 weeks to 14 years who are ill but do not need hospitalization and is in special location at Mercy Medical Center. Call 369-4463 for more information. <u>Safe KIDS</u> : is an outreach coalition of partners working together to educate and protect families. Together we provide information to help families prevent accidents and injuries and promote local child safety programs including; Car Seat Safety : to schedule your safety seat inspection call 310-SEAT , Bike and Helmet Safety : for a demonstration, information on bicycle rodeo set up, or to purchase a helmet call 398-6287 and Pedestrian Safety : to schedule an event on safe travel call 398-6287 .

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
 To obtain a copy of the Resource Charts, go to www.linncounty.org and search "Resource Charts" or contact Linn County Community Services at 892-5600.
 For questions about the Resource Charts, contact Linn County Community Services at 892-5600.

FAMILY & YOUTH RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
Metro Care Connection Office: 720 7 th Avenue SW Cedar Rapids, IA 52404 Clinics: Metro High School and Wilson School	558-2481	Assistance available Monday through Friday from 8:00 AM to 4:00 PM (school year).	Provides free school-based health care to students (and their siblings) in the Cedar Rapids Community School District. Focus is on those without access to other care. Services include free health care (physical examinations, immunizations, treatment of minor illness, prescriptions for medications), mental health counseling and substance abuse counseling. Staffed by pediatric nurse practitioners, mental health therapists and substance abuse counselors.
Olivet Neighborhood Mission 230 10th Street NW Cedar Rapids, IA 52405	364-7946	Assistance available: After School Program: Ages 5 – 11. Monday through Thursday from 3:30 PM to 6:00 PM; Friday from 3:30 PM to 8:00 PM. Totally Youth Program: Ages middle and high school youth. Wednesday from 6:00 PM to 8:00 PM.	After school programs for children. Teen program Wednesday evenings. Head Start programs, one full day and one part day.
Parent Educator Partnership (PEP) 1120 33 rd Avenue SW Cedar Rapids, IA 52404	399-6702	Assistance available (resource library) Monday through Friday from 8:00 AM to 4:30 PM. Call ahead if you would like assistance.	One to one consultation with parents and professionals, resource library and newsletter services related to working with and parenting individuals with disabilities. http://www.aea10.k12.ia.us/schcomplan/PEP/index.html
Peer Court Youth First c/o Community Corrections Improvement Association 901 29 th Avenue SW Cedar Rapids, IA 52404	730-1262	Assistance available: Hours vary.	Peer Court of Linn County is a peer based diversionary program for youth who commit misdemeanor offenses. Youth that have acknowledged their behaviors participate in a hearing before their own peers (volunteers, ages 12-18) and receive a disposition that is focused on who has been impacted by the offense and how, and what needs to be done in order to repair that harm. Dispositions seek to help youth understand the impact of their behavior, accept responsibility, and take steps to repair that harm. Hearings are held at the Linn County Courthouse three Thursday nights per month.
Restorative Justice Youth First c/o Comm. Corrections Improvement Assoc. 901 29 th Avenue SW Cedar Rapids, IA 52404	398-3907 Dept. of Corrections	Assistance available: Hours vary.	Restorative Justice is a value-based response to crime and harm-doing that focuses on healing, restoration, and accountability. Youth First provides restorative programming to schools, families, and the juvenile justice system through Restorative Dialogue, Circles of Support & Accountability, and Family Group Conferencing.

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FAMILY & YOUTH RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
St. James United Methodist Church 1430 Ellis Blvd NW Cedar Rapids, IA 52405 Flooded and has not reopened yet	363-3119	Assistance available from 8:00 AM to 12:00 PM. Pastor available anytime.	Before and after school programs. Alcohol and drug abuse programs meet weekly.
Severe Emotional Disturbances (SED) Linn County Kids Wraparound Fund 520 11 th Street NW Cedar Rapids, IA 52405	892-5726	Assistance available: Hours vary.	The SED Wraparound Program is a funding source of last resort to address unmet needs for children, in Linn County, diagnosed with a severe emotional disorder.
Stoney Point YMCA 300 Stoney Point Road SW Cedar Rapids, IA 52404	390-3488	Assistance available Monday through Friday from 5:30 AM to 9:00 PM, Saturday from 7:00 AM to 6:00 PM, and Sunday from 12:00 Noon to 5:00 PM.	Scholarship program for memberships and programs. Fees based on a sliding fee scale.
The Salvation Army Summer Day Camp 1000 C Avenue NW Cedar Rapids, IA 52405	364-9131 x 105	Assistance available Monday through Friday from 9:00 AM to 4:00 PM, June through August.	Summer day camp for children ages 5-12.
TIES Program St. Lukes Hospital 1026 A Avenue NE 2 nd Floor Cedar Rapids, IA 52402	558-4861	Assistance available Monday mornings and Wednesday afternoons.	Based on Tennessee's Regional Intervention Project, TIES is a parenting program that teaches discipline techniques to help preschoolers and their families.
Workplace Learning Connection 1030 5 th Avenue SE, Suite 2700 Cedar Rapids, IA 52403	398-1040	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Services to develop future workforce by connecting business and education in relevant, work-based learning activities for K-12 students and teachers in Area 10. Services include: job shadows, internships, tours, speakers, career fairs and continuing education credit.
Youth for Christ 5270 North Park Place NE Cedar Rapids, IA 52402	393-7996	Assistance available Monday through Friday from 9:30 AM to 5:30 PM.	Provide activities before and after school. One on one counseling and mentoring services, trips and camps.
Youth Leadership Program Youth First c/o Community Corrections Improvement Assoc. 901 29 th Avenue SW Cedar Rapids, IA 52404	398-3907	Assistance available: Hours vary.	The Youth Leadership Program works in partnership with youth to create opportunities for personal growth and community connection. YLP provides year-round programs including: after-school programming, a six-week summer camp, family enrichment activities, arts and cultural awareness projects, and community stewardship and civic engagement activities. Contact Shari Miller.

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03/16/09

FAMILY & YOUTH RESOURCES

2009

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