

DISABILITY RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
CASE MANAGEMENT SERVICES			
Abbe Center for Community Mental Health – Case Management 520 11 th Street NW Cedar Rapids, IA 52405	261-0576	Assistance available Monday from 8:00 AM to 5:00 PM, Tuesday through Thursday from 8:00 AM – 4:30 PM and Friday from 8:00 AM – 4:00 PM.	Provides assessment, planning coordination of services, monitoring and crisis intervention for persons with mental illness.
Department of Human Services (DHS) - Case Management CMH Waiver 411 3 rd Street SE Cedar Rapids, IA 52401 Will be moving in early 2009	363-2293	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides case coordination and case management for Linn County children under the age of 18 with a Serious Emotional Disorder who have a slot assigned and are on the Children’s Mental Health Waiver Program. To get on the program, the parent or guardian must file an application and be approved by the Income Maintenance unit of DHS. Services can be purchased to assist those on the CMH Waiver to maintain their mental health and remain in their homes.
Goodwill of the Heartland - Case Management 1441 Blairs Ferry Road, NE Cedar Rapids, IA 52402	393-3434	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides assessment, planning coordination of services, monitoring and crisis intervention for persons with brain injury.
Linn County Mental Health Developmental Disabilities (MHDD) Services – Case Management 305 2 nd Avenue SE Cedar Rapids, IA 52403 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	892-5620	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Assists persons with mental retardation and developmental disabilities in accessing services and arranging funding for services.
FUNDING			
IowaCare Assistance Program University of Iowa Hospitals & Clinics 200 Hawkins Drive Iowa City, IA 52242	892-6700	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Persons eligible for the IowaCare Program are those between the ages of 19-64 with incomes at or below 200% of the federal poverty level, who do not have other forms of insurance. Application forms are available within UI Hospitals and Clinics at Social Services, as well as from the Iowa Department of Human Services.

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
 To obtain a copy of the Resource Charts, go to www.linncounty.org and search “Resource Charts” or contact Linn County Community Services at 892-5600.
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Iowa Department of Human Services MHDD Services 411 3 rd Street SE Cedar Rapids, IA 52401	892-6700	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Public system of mental health and disabilities care in Iowa, which provides a safety net for the uninsured or those who do not have commercial health insurance benefits coverage to meet their needs.
Iowa Vocational Rehabilitation Services 4403 1 st Avenue SE, Suite L10 Cedar Rapids, IA 52402	294-9308	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Vocational planning and job placement for persons who are mentally, physically or psychologically disabled.
Linn County Mental Health Developmental Disabilities (MHDD) Services 305 2 nd Avenue SE Cedar Rapids, IA 52401 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	892-5670	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides funding for mental health and developmental disability services. Persons that cannot afford to pay for treatment, supported living or job training may be able to receive assistance from MHDD.
Linn County SED Wraparound Kids Program 520 11 th Street NW Cedar Rapids, IA 52405	892-5726	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides limited funding for mental health assessments, therapy and counseling, therapeutic programs and medications for qualifying Linn County children with Serious Emotional Disturbance.
Magellan Health (NO OFFICE)	(800) 638-8820	Assistance available 24 hours per day, seven days per week.	Provides integrated Mental Health and Substance Abuse (MHSA) services through an expanded contract with the Iowa Department of Human Services and the Iowa Department of Public Health for persons with Title19.
RESIDENTIAL SERVICES			
Abbe Center for Community Care 1860 County Home Road Marion, IA 52302	398-3534	Assistance available Monday through Friday from 8:00 AM – 5:00 PM. Services available 24 hours per day, seven days per week.	Residential Care Facility (RCF) for persons with mental illness or developmental disabilities with a psychiatric diagnosis. Provides 24-hour supervision in a 64-bed Residential Care Facility - Persons with Mental Illness (RCF-PMI) or 90-bed Residential Care Facility (RCF).

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Abbe Center for Community Mental Health 520 11 th Street NW Cedar Rapids, IA 52405	398-3562	Assistance available Monday, Tuesday and Thursday from 8:00 AM – 6:00 PM, Wednesday from 8:00 AM – 8:00 PM, and Friday from 8:00 AM – 4:00 PM. Emergency availability 24 hours a day.	Provides apartment programs for persons with mental illness or for persons with mental illness and substance abuse (dual diagnosed) . Provides Supported Community Living (SCL) and Community Support Program (CSP) for persons with mental illness or dual diagnosis living in their own apartments. Provides PACT program for persons with mental illness or dual diagnoses living in their own home.
Area Substance Abuse Council (ASAC) 3601 16 th Avenue SW Cedar Rapids, IA 52404	390-4611	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Residential program for persons with substance abuse issues in combination with bipolar, schizophrenia or schizo-affective disorders (dual diagnosis) . Provides 24-hour supervision in a 10-bed facility for an average of 12 months.
Client Centered Solutions (NO OFFICE)	310-8264	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Supported Community Living (SCL) services for persons with mental illness living in their own home – specializing in dual diagnosis .
Crest Services (American Baptist Homes) 120 3 rd Avenue SW, Suite B Cedar Rapids, IA 52404 Temporary Location: 3415 Mt. Vernon Road SE Cedar Rapids, IA 52403	364-6774	Assistance available Monday through Friday from 8:00 AM – 4:00 PM.	Primarily serves persons with mental retardation and developmental disabilities . Offers a 5-bed Residential Care Facility (RCF), 3-4 bed homes and Supported Community Living (SCL) for persons living independently.
Discovery Living 220 Northland Court NE Cedar Rapids, IA 52402	378-7470	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Offers 3-5 bed Supported Community Living (SCL) homes, Supervised Apartment Living (SAL) support services (hourly) for persons who have their own home, condo or apartment, and In-Home support services (hourly) for adults still living with family members. All services are funded through the Medicaid MR Waiver .
Evergreen Estates 3410 12 th Avenue SW Cedar Rapids, IA 52404	396-3692	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides residential assisted living for elderly persons with mental illness .
Garnett Place 202 35 th Street Drive SE Cedar Rapids, IA 52403	362-3630	Assistance generally available Monday through Friday from 8:00 AM – 5:00 PM. Resident services available 24 hours a day, seven days per week.	Provides residential assisted living for older adults, including those with mental illness who have had mental challenges, but are capable of living with limited assistance.
Goodwill of the Heartland 1441 Blairs Ferry Road, NE Cedar Rapids, IA 52402	393-3434	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides Supported Community Living (SCL) services for persons with developmental disabilities, mental illness or dual diagnosis, or mental retardation living in their own homes.

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Hillcrest Family Services 4080 1 st Avenue NE, Suite 102A Cedar Rapids, IA 52402	362-3149	Assistance available Monday through Thursday from 8:30 AM – 4:00 PM.	Provides Supported Community Living (SCL) services for persons with mental illness or dual diagnosis living in their own homes.
Life Skills 483 Highway 1 West Iowa City, IA 52246	(319) 354-2121	Assistance available Monday through Friday from 8:00 AM – 12:00 Noon and 1:00 PM – 4:30 PM.	Provides Supported Community Living (SCL) services for persons with mental illness or dual diagnosis living in their own homes.
Linn County Mental Health Developmental Disabilities (MHDD) Services – Supervised Apartment Living (SAL) and In-Home Services 305 2 nd Avenue SE Cedar Rapids, IA 52401 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	892-5620	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides Supported Community Living (SCL) services for persons with developmental disabilities, mental illness, mental illness and substance abuse (dual diagnosed) or mental retardation living in their own homes. Provides Supervised Apartment Living (SAL) for persons with mental illness and substance abuse (dual diagnosed) or mental retardation .
Linnhaven, Inc. 1199 Blairs Ferry Road Marion, IA 52302	377-9788	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides individualized residential services primarily to persons with mental retardation, developmental disabilities and brain injuries . Offers Supported Community Living (SCL) for persons living independently in the community and in their family homes.
Living Center East - New Horizons 1220 5 th Avenue SE Cedar Rapids, IA 52403	366-8701	Assistance available 24 hours a day, 7 days a week, including weekends.	Offers an Intermediate Care Facility for the Mentally Retarded (ICF/MR).
REM Iowa, Inc. 102 A Avenue Hiawatha, IA 52233 REM Iowa Community Services, Inc. 2205 Heritage Blvd. Hiawatha, IA 52233	294-0430 294-0264	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Provides residential and community-based supports for persons with mental retardation, developmental disabilities and brain injury . Settings vary according to the individuals' needs and desires – from highly supervised residential programs to supported living.

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REM Mount Vernon 616 1 st Avenue NE Mount Vernon, IA 52314	895-8035	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Provides programs for persons who have developmental disabilities that range in intensity and setting according to their needs and desires – from highly supervised residential programs to vocational training and supported living.
Successful Living 409 Highway 1 West Iowa City, IA 52246	(319) 356-0947	Assistance available Monday through Friday from 9:00 AM – 5:00 PM, but someone is always on-call.	Affordable housing and on-site support services for individuals with limited income and mental health problems in Iowa City. Provides Supported Community Living (SCL) services for persons with mental illness or dual diagnosis living in their own homes in Cedar Rapids.
Systems Unlimited 5005 Bowling Street SW Cedar Rapids, IA 52404	364-1985	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Provides Supported Community Living (SCL) services to children and adults with mental retardation and developmental disabilities in their own homes or locations provided by Systems Unlimited. Site or hourly services. Services can be provided through the Home and Community Based Medicaid Waivers or through Chapter 24. Individualized services in small environments. Also provides respite services. (See Respite Section.)
Tailored Living 18802 Newport Road Anamosa, IA 52205 (Mailing Address – NO OFFICE)	(319) 377-0184	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Housing and 24-hour on-site support services for persons with developmental disabilities, mental illness, and mental retardation . Also provides Supported Community Living (SCL) services for persons living in their own homes. [FAX #: (319) 377-0185.]
Tanager Place 2309 C Street SW Cedar Rapids, IA 52404	365-9164	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides inpatient services for children and adolescents . Has a 60-bed Psychiatric Medical Institution for Children (PMIC). Provides an 8-bed Intermediate Care Facility for the Mentally Retarded (ICF-MR) for children and adolescents.
The Arc of East Central Iowa 680 2 nd Street SE, Suite 200 Cedar Rapids, IA 52401	365-0487	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides Supported Community Living (SCL) and Consumer Directed Attendent Care (CDAC) services for persons with developmental disabilities and those utilizing the Elderly Waiver, who live in their own homes.
VOCATIONAL SERVICES			
Goodwill of the Heartland 1441 Blairs Ferry Road, NE Cedar Rapids, IA 52402	393-3434	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides job training and placement programs, as well as facility-based training and employment for persons with disabilities.
Iowa Department for the Blind 411 3 rd Street SE, Suite 700 Cedar Rapids, IA 52401	365-9111	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Vocational planning and job placement for persons who are blind or visually impaired.

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Iowa Division of Persons with Disabilities 321 East 12 th Street Des Moines, IA 50319	(888) 219-0471 or (515) 242-6334	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Assists employers and businesses including government with accessibility issues relative to the Americans with Disabilities Act (ADA). Also offer youth leadership forums for high school and college students with disabilities.
Iowa Vocational Rehabilitation Services 4403 1 st Avenue SE, Suite L10 Cedar Rapids, IA 52402	294-9308	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Vocational planning and job placement for persons who are mentally, physically or psychologically disabled.
Iowa Work Incentives Planning & Assistance (Iowa WIPA) 600 South Pierce Avenue Mason City, IA 50401	(877) 424-9472 or (641) 422-1543	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Assists Iowans who are Social Security Disability beneficiaries in the management of their benefits while pursuing employment. Knowledgeable about work incentives to Iowans on Social Security Disability and can assist in benefits planning and financial analysis.
Iowa Workforce Development - Disability Navigator Program 800 7 th Street SE Cedar Rapids, IA 52401	365-9474	Assistance available Monday through Friday from 8:30 AM – 4:30 PM.	Multi-agency effort to connect job seekers with disabilities to employment programs and services in their communities that will support them in their career pursuit. A “Navigator” provides assistance to job seekers and supports businesses in their employment of Iowans with disabilities, as well.
Options of Linn County 3750 Williams Blvd SW Cedar Rapids, IA 52404	892-5800	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides job training and placement programs, as well as facility-based training and employment for persons with disabilities. Also has Day Habilitation programming available.
REM Developmental Services 1220 Industrial Avenue Hiawatha, IA 52233	378-9333	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Provides job training and placement programs, as well as facility-based training and employment for persons with disabilities. Also has Day Habilitation programming available.
REM Developmental Services 616 1 st Avenue NE Mount Vernon, IA 52314	895-8035		
Work Opportunities Unlimited P. O. Box 5515 Cedar Rapids, IA 52406 (NO OFFICE)	866-802-7906 OR 774-271-0246	Assistance available Monday through Friday from 9:00 AM to 5:00 PM.	Provides job placement and coaching for any individuals with barriers to employment.

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MENTAL HEALTH CLINICAL SERVICES			
Abbe Center for Community Mental Health 520 11 th Street NW Cedar Rapids, IA 52405	398-3562	Assistance available Monday, Tuesday and Thursday from 8:00 AM – 6:00 PM, Wednesday from 8:00 AM – 8:00 PM and Friday from 8:00 AM – 4:00 PM. Emergency availability 24 hours a day.	Offers Psychiatrists, Psychologists, Therapists, Adult Day Treatment, Intensive Psychiatric Rehabilitation, Life Skills, Peer Support and two peer-run Recovery Centers, School-Based Services for children and adolescents, and Homeless Outreach Services.
Cedar Centre Psychiatric Group 1730 1 st Avenue NE Cedar Rapids, IA 52402	365-3993	Assistance available Monday through Friday from 8:30 AM – 5:00 PM. Offer evening and Saturday appointments.	Offers Psychiatrists, Psychologists, and Therapists and psychological and neuro-psych testing.
Foundation 2 Crisis Center 1540 2 nd Avenue SE Cedar Rapids, IA 52403	362-2174	Assistance available Monday through Friday from 8:00 AM – 12:00 Midnight. On-call overnight hours, as well. Crisis Line available 24 hours a day/ 7 days per week.	Offers licensed therapists. Also offers a Depression and Anxiety Support Group (weekly) and a Suicide Survivor Support Group (twice monthly). 24-hour crisis line available.
Hillcrest Family Services 4080 1 st Avenue NE, Suite 102A Cedar Rapids, IA 52402	362-3149	Assistance available Monday through Thursday from 8:30 AM – 4:00 PM.	Offers Therapists that provide counseling for individuals, couples and families.
Horizons – A Family Service Alliance 3425 First Avenue SE Cedar Rapids, IA 52402	398-3943	Assistance available Monday, Wednesday and Thursday from 8:00 AM – 8:00 PM and Tuesday and Friday from 8:00 AM – 5:00 PM.	Offers therapists that provide mental health counseling for individuals, families, couples and children. Also have a psychiatric nurse practitioner for medication management.
Mercy Medical Center 5264 Council Street NE Cedar Rapids, IA 52402	398-6575	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Offers therapists for individuals, families, couples and children of all ages. Also has a behavioral pediatrician and clinical nurse specialist for assessment and testing of ADD, ADHD, Aspergers, etc.
Mercy Psychiatry 701 Tenth Street SE Cedar Rapids, IA 52403	369-4777	Assistance available Monday through Friday from 8:30 AM to 4:30 PM.	Offers Psychiatrists, Psychologists and nurse practitioners that specialize in medication management.
St. Luke's Counseling Center 1077 North Center Point Road Hiawatha, IA 52233	369-7952	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Offers Psychologists, Therapists and intensive outpatient services.

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Tanager Place Clinic 2309 C Street SW Cedar Rapids, IA 52404	286-4545	Assistance available Monday through Thursday from 8:00 AM – 6:00 PM and Friday from 8:00 AM – 4:30 PM.	Offers Psychiatrists, Psychologists and Therapists for youth and families.
PAYEE SERVICES			
Area Payee Services 3260 Southgate Place SW, Suite 15 Cedar Rapids, IA 52404	364-9800	Assistance available Tuesday through Friday from 9:30 AM – 5:30 PM.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks are required to have a payee. The payee sees that rent, utilities, and other bills are paid . The payee also budgets the client's personal spending money and provides that to the client on a regular basis.
Eastern Iowa Credit Counseling & Debt Management 4403 1 st Avenue SE, Suite 402 Cedar Rapids, IA 52402	373-8297	Assistance available Tuesday through Friday from 9:30 AM – 5:30 PM.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks are required to have a payee. The payee sees that rent, utilities, and other bills are paid . The payee also budgets the client's personal spending money and provides that to the client on a regular basis.
Linn County Mental Health & Development Disability (MHDD) Services – Protective Payee 305 Second Avenue, SE Cedar Rapids, IA 52401 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	892-5680	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks are required to have a payee. The payee sees that rent, utilities, and other bills are paid . The payee also budgets the client's personal spending money and provides that to the client on a regular basis.
Payee Services & Solutions PO Box 128 Iowa City, IA 52244-0128 (NO OFFICE)	(319) 643-7484 or (319) 530-0463	Assistance available Monday from 8:00 AM – 7:00 PM, Tuesday through Friday from 5:00 PM – 7:00 PM and Saturday by appointment.	Provides services to persons who have been determined by Social Security to need assistance in managing their benefit checks are required to have a payee. The payee sees that rent, utilities, and other bills are paid . The payee also budgets the client's personal spending money and provides that to the client on a regular basis. Makes scheduled visits to Cedar Rapids twice a month.

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ADVOCACY & INFORMATION			
Brain Injury Association of Iowa 7025 Hickman Road, Suite 7 Urbandale, IA 50322 Iowa City Office 308 East Burlington Street Office #296 Iowa City, IA 52240	(800) 444-6443 (319) 621-7078	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides information and support groups for persons with brain injuries. Provides Neuro-Resource Facilitators throughout the state who provide guidance and information on accessing services and funding. Local support groups for families and survivors in Cedar Rapids and Iowa City meet twice a month and can be reached by contacting the following numbers: (319) 400-4149 in Iowa City and (319) 573-5877 in Cedar Rapids. For general information, contact local president at 366-6852.
Cedar Rapids Civil Rights Department 425 2 nd Street SE, Suite 960 Cedar Rapids, IA 52401	286-5036	Assistance available Monday through Friday from 8:00 AM –4:30 PM.	Ensures compliance with The Americans with Disabilities Act of 1990 (ADA), which prohibits employment discrimination on the basis of disability and Sections 501 and 505 of the Rehabilitation Act of 1973, which prohibits employment discrimination of persons with disabilities in the federal sector. www.cedar-rapids.org/civilrights
Conner Center for Independent Living 730 South Dubuque Street Iowa City, IA 52240	(319) 338-3870	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides advocacy, information and referral, peer counseling, recreation and activities for persons with disabilities.
Department of Human Rights Division of Persons with Disabilities 321 E. 12 th Street Des Moines, IA 50319	(888) 219-0471 (V/TTY) or (515) 242-6334	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Offers technical assistance, information and referral concerning matters of employment, housing, accessibility, transportation, education, programs and services. The Iowa Client Assistance Program (ICAP) is a program designed to help persons who are seeking or receiving services from an agency funded by the Rehabilitation Act. Operates youth and college leadership forums.
Iowa Advocates for Mental Health Recovery 2003 Geneva Street Sioux City, IA 51103 Web site: www.iarecovery.org	365-0957 or (712) 234-1040	Assistance available Monday through Friday from 10:00 AM – 2:00 PM.	Provides mental health consumers with an opportunity to express their input into the process of creating change in both the mental health system and the development of services that support recovery, peer support and wellness.
Iowa Compass & Iowa Program for Assistive Technology 100 Hawkins Drive, #S295 Iowa City, IA 52242	(800) 779-2001 or (877) 686-0032 (TTY)	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Specialized information and referral services for persons with disabilities and their support networks. Can provide referrals for local, state, and national resources and services. Can search for assistive technology products and funding. Also has a used equipment referral listing. www.iowacompass.org . E-mail: iowa-compass@uiowa.edu

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Iowa Protection & Advocacy Services 950 Office Park Road, Suite, 221 West Des Moines, IA 50265	(800) 779-2502 or (515) 278-2502 TTY (866) 483-3342 or TTY (515) 278-0571	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Protects the human and legal rights of all persons with disabilities in Iowa.
Linn County Aging & Disability Resource Center 740 N. 15 th Avenue Hiawatha, IA 52233	892-5770	Assistance available Monday through Friday from 8:00 AM to 4:30 PM.	Provides resource information, referrals for services, long-term options counseling and supports for all Linn County older adults and adults with disabilities. A monitoring service is available for adults not currently in a case management program. Also provides local, state and federal benefit counseling and assistance with completing applications. Services are available free of charge regardless of income, resource and/or health status.
Linn County Mental Health Advocate (NO OFFICE)	350-6426	Assistance available Monday through Friday from 8:00 AM – 3:00 PM.	Serves as a liaison and advocate for persons under a mental health committal .
NAMI (NO OFFICE) PO Box 945 Cedar Rapids, IA 52406-0945	(319) 221-1184	Assistance available Monday through Friday from 8:00 AM – 5:00 PM. Contact and leave a message.	Provides peer support and advocacy through empowerment for persons with mental illness, support for family members and friends of persons with mental illness and educational forums.
The Arc of East Central Iowa 680 2 nd Street SE, Suite 200 Cedar Rapids, IA 52401	365-0487	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides advocacy, family support and services for children and adults that have disabilities. Provides information for families and individuals with mental retardation and intellectual disabilities.
CAMPS AND RESPITE			
Camp Courageous of Iowa 12007 190 th Street PO Box 418 Monticello, IA 52310-0418	(319) 465-5916	Assistance available Monday through Friday from 8:00 AM – 4:00 PM.	Provides a year-round camp for individuals with disabilities and short-term respite care of an individual with a disability that is living at home. Respite care arrival time is 7:00 PM on Friday and departure time is 1:00 PM on Sunday. Emergency respite care also available.
Easter Seals Center 2920 30 th Street Des Moines, IA 50310	(515) 274-1529	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Offers a camp for persons with disabilities. Loans durable medical equipment and assistive technologies to individuals who cannot afford to buy them.

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Systems Unlimited 5005 Bowling Street SW Cedar Rapids, IA 52404	364-1985	Assistance available Monday through Friday from 8:00 AM – 5:00 PM. Respite services available 24 hours per day, seven days per week.	Offers respite services for families for children or adults.
The Arc of East Central Iowa 680 2 nd Street SE, Suite 200 Cedar Rapids, IA 52401	365-0487	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides a summer day camp and respite services.
DAYCARE			
Milestones Adult Day Health Centers 1725 O Avenue NW Cedar Rapids, IA 52405	398-3647	Assistance available Monday through Friday from 6:45 AM – 5:45 PM.	Community-based adult day health center is designed to help challenged adults remain independent in the community. Provides respite services for caregivers. Services provided on a sliding-fee schedule.
Milestones Adult Day Health Centers 1080 Cardinal Drive Marion, IA 52302	373-3494	Assistance available Monday through Friday from 7:00 AM – 5:00 PM.	Community-based adult day health center is designed to help challenged adults remain independent in the community. Provides respite services for caregivers. Services provided on a sliding-fee schedule.
The Arc of East Central Iowa 680 2 nd Street SE, Suite 200 Cedar Rapids, IA 52401	365-0487	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Before/After School Inclusive Childcare Services (BASICS) serves children with and without disabilities. BASICS is designed to serve elementary age children (K-5). Opportunities, Activities, Supports and Inclusive Services (OASIS) is designed to provide youth in middle schools and high school with enrichment activities within a structured setting after school hours and on school breaks. Choosing Options for Inclusion and Community Experiences (CHOICE) is an adult enrichment program designed to provide social opportunities for individuals 18 and older in a group setting.
EMERGENCY SERVICES			
Abbe Center for Community Mental Health 520 11 th Street NW Cedar Rapids, IA 52405	398-3563	Assistance available 24 hours per day, seven days per week.	Emergency response to crises during daytime hours. Available to walk-ins or by phone. During evening hours, assistance available by phone.
Mobile Crisis Outreach Foundation 2 Crisis Center 1540 2 nd Avenue SE Cedar Rapids, IA 52403	247-0030 OR 362-2174	Assistance available 24 hours per day / 7 days a week.	Service providers, medical professionals, employers, family members, friends or individuals in Linn County that believe a situation would benefit from on-site crisis intervention can call seven days a week. This service is provided at no cost to the individual.

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
To obtain a copy of the Resource Charts, go to www.linncounty.org and search “Resource Charts” or contact Linn County Community Services at 892-5600.
For questions about the Resource Charts, contact Linn County Community Services at 892-5600.

DISABILITY RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
OTHER SERVICES			
Cedar Rapids Vision in Motion 3255 Williams Blvd SW, Suite #2 Cedar Rapids, IA 52404	364-2311	Assistance available Monday through Friday from 9:00 AM to 5:00 PM and evenings by appointment.	Offers vision-rehab and wellness services for all ages. Sliding fee scale available for services.
City of Cedar Rapids Public Works Traffic Division – Handicapped Signs 1201 Sixth Street, SW Cedar Rapids, IA 52404	286-5802	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Installs handicapped signs in front of residences for persons with proof of disability who are residing within the Cedar Rapids city limits. Information provided regarding Van Accessible signs and Handicapped signs for businesses and other entities within Cedar Rapids.
CompuPlace 1035 Third Avenue SE, #105 Cedar Rapids, IA 52403 Relocation in early 2009: 601 2nd Avenue SE, #3 Cedar Rapids, IA 52401	362-4284	Assistance available by appointment only.	Provides limited computer access and training, by appointment only, primarily to adults with developmental disabilities, and to individuals assessing and learning to use assistive technology. Train staff to assist clients with disabilities in computer use. For more information, contact compuplace@ecc-cr.net .
Linn County Treasurer’s Office / Property Tax Department 930 1 st Street, SW Cedar Rapids, IA 52401 Temporary Location: Westdale Mall 2600 Edgewood Road SW Cedar Rapids, IA 52404	892-5550	Assistance available Monday through Friday from 8:00 AM – 5:00 PM.	Provides property tax credit forms for elderly and persons with disabilities.
Parent Educator Partnership Grant Wood Area Education Agency 1120 33 rd Avenue SW Cedar Rapids, IA 52404	399-6702 or (800)332-8488	Assistance available Monday through Friday from 8:00 AM – 4:30 PM.	Provides information for families, students (birth – 21 years of age) and those in need of other educational support on Individualized Education Plans (IEPs) and 504 Plans. www.gwaea.org
St. Luke’s Hospital Physical Medicine & Rehabilitation – Prosthetics and Orthotic Clinic 1026 A Avenue NE Cedar Rapids, IA 52402	369-7331	Assistance available Monday through Friday from 8:00 AM – 5:00 PM. Orthotic Clinic open on Thursdays as needed.	Clinic to assist persons that use braces, shoe lifts, prescription shoes, artificial limbs and other orthopedic devices to assist with their mobility and pain management.

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DISABILITY RESOURCES

2009

Name & Location	Phone Number	Days/Hours	Services Provided
St. Luke's Hospital Physical Medicine & Rehabilitation – Wheelchair & Seating Clinic 1026 A Avenue NE Cedar Rapids, IA 52402	369-7331	Assistance available Monday through Friday from 8:00 AM – 5:00 PM. Wheelchair clinic held on Wednesday mornings.	Helps patients that use a wheelchair or other assisted mobility equipment.
University of Iowa Hospital & Clinics Center for Disabilities & Development (CDD) 100 Hawkins Drive Iowa City, IA 522442	(877) 686-0031 or (319) 353-6900	Assistance available Monday through Friday from 8:00 AM – 5:00 PM (outpatient services). Emergency information available 24 hours a day / 7 days a week.	Provides comprehensive health care and services to persons with disabilities of all ages and their families through a combination of outpatient and community-based programs. Diagnostic consultations also provided.

For more information regarding community resources, contact the United Way 2-1-1 Call Center at 2-1-1, 319-739-4211, or 1-866-469-2211.
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